

Women's Golf

Megan	Fong	Albany	12
Camilla	Shores	Albany	12
Julia	Lorch	Saint Mary's	10
Eileen	Rhatigan	St. Joseph Notre Dame	10
Alie	Hauck	St. Joseph Notre Dame	9
Jessica	Gonzales	St. Patrick-St. Vincent	10

Women's Volleyball

Rock Division

Most Valuable Player

Rebecca	Langowski	St. Joseph Notre Dame	12
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First Team

Sarah	Obasi	Albany	11
Alex	O'Sullivan	Saint Mary's	12
Isoke	Springer	Salesian	11
Pamela	Dungo	Salesian	12
Emma	Doud	St. Joseph Notre Dame	11
Malia	Bolko	St. Patrick-St. Vincent	12

Second Team

Christine	Legasto-Miller	Albany	11
Jasmine	Assia	Albany	11
Natalia	Brenna	Saint Mary's	12
Dana	Pineda	St. Joseph Notre Dame	10
Madelyn	Lafollette	St. Joseph Notre Dame	9
Lena	Reed-Petracek	St. Joseph Notre Dame	10
Julia	Kistner	St. Patrick-St. Vincent	12
Nikki	Lumaoud	St. Patrick-St. Vincent	10

Honorable Mention

Benita	Izu	Albany	12
Kaitlyn	Lourenco	John Swett	11
Kayla	White	Salesian	12
Allie	Oilar	St. Joseph Notre Dame	12
Halle	Webster	St. Patrick-St. Vincent	11
Catherine	Cortez	St. Patrick-St. Vincent	11

Stone Division

Most Valuable Player

Lourdes	Onwuemeka	Hercules	12
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First Team

Marleni	Albarran	De Anza	11
Melany	Puente	El Cerrito	12
Isabella	McMullen	El Cerrito	10
Christine	Bautista	Hercules	12
Samantha	Vole	Pinole Valley	12
Amy	Palomares	Richmond	12

Second Team

Maya	Zaragoza	De Anza	10
Taya	Johnson	El Cerrito	12
Rice	Zhang	El Cerrito	12
Chelsea	Uriza	Hercules	12
Sara	Saecmao	Kennedy	11
Alexis	Garcia	Pinole Valley	12
Hannah	Pham	Richmond	12

Honorable Mention

Gabriela	Zaragoza	De Anza	12
Sonya	Nepali	El Cerrito	12
Jeneve	Vance	Hercules	11
Jill	Marivales	Hercules	11
Lorena	Fonseca	Hercules	12
Sangnhi	Tsan	Pinole Valley	10
Gabby	Crooks	Pinole Valley	10

Football - Rock Division

Offensive MVP

Tamarick Pierce 11 Saint Mary's

First Team Offense

Alex	Meurer	12	El Cerrito	OL
Aaron	Banks	10	El Cerrito	OL
Rodney	Washington	12	El Cerrito	WR
Timothy	Smith	11	El Cerrito	K/P
Joe	Corpe	11	Pinole Valley	OL
Peter	Sekona	12	Saint Mary's	OL
Erik	Phillip	12	Saint Mary's	WR
Ryan	Jenkins	10	Saint Mary's	QB
Charles	Hillary	12	Salesian	RB
Dewyane	Dixon	10	Salesian	WR
Triston	Foley	12	St. Patrick-St. Vincent	OL

Defense MVP

Prentiss Reid 12 Salesian

First Team Defense

Aaron	Banks	10	El Cerrito	DL
Darius	Powel	11	El Cerrito	LB
Arrion	Archie	12	El Cerrito	DB
Alex	Glover	11	Saint Mary's	DL
Ben	Schrider	12	Saint Mary's	DL
Aaron	Mercadel	12	Saint Mary's	LB
Ron	Smith	12	Saint Mary's	DB
Galuega	Toailoa	11	Salesian	DL
Vegas	Shackleford	12	Salesian	LB
Chris	Stinchcomb	12	St. Patrick-St. Vincent	LB
Marquis	Perrillat	12	St. Patrick-St. Vincent	DB

Honorable Mention

Kenneth	Caston	11	El Cerrito	LB
Yomani	Mapp	12	El Cerrito	DL
Calvin	Nunley	12	El Cerrito	DB
Calvin	Nunley	12	El Cerrito	WR
Justin	Smith	12	El Cerrito	LB
Keith	Thomas	12	El Cerrito	QB
Rodney	Washington	12	El Cerrito	DB
Marion	Fernandez	11	Hercules	OL
Gerado	Gonzalez	10	Hercules	OL
Arjun	Gosawmi	12	Hercules	DL
Roberto	Martinez	10	Hercules	OL
D'marrien	McKenzie	12	Hercules	RB
Son	Phan	10	Hercules	WR
Kyle	Remigio	10	Hercules	LB
Kenneth	Warren	11	Hercules	DL
Manoah	Weavere	11	Hercules	LB
Jake	Dent	12	Pinole Valley	WR
Michael	Kyle	11	Pinole Valley	RB
Troyante	McConico	11	Pinole Valley	QB
Javari	Sheppard	12	Pinole Valley	LB
Sean	Brown	12	Saint Mary's	LB
Steve	Harvey	11	Saint Mary's	RB
Kameron	Jackson	11	Saint Mary's	DB
Cameron	James	11	Saint Mary's	DB
Luther	Jesse III	11	Saint Mary's	OL
Lukas	Jimenez-Smith	11	Saint Mary's	OL
Jovan	Kitchens	10	Saint Mary's	OL
Noah	Richard	12	Saint Mary's	DB
Ben	Schrider	12	Saint Mary's	WR
Peter	Sekona	12	Saint Mary's	DL
Golden	Sekona	11	Saint Mary's	DL
William	Skipwith	12	Saint Mary's	OL
Marquius	Mahome-Chambers	12	Saint Mary's	WR
Dalonie	Crater	10	Salesian	RB
Kyree	Harvey	12	Salesian	DL
Alex	Hutchinson	10	Salesian	DB
Alex	Hutchison	10	Salesian	WR
Nick	Mangle	11	Salesian	OL

John	Schilt	12	Salesian	LB
Jaylen	Tregle	10	Salesian	QB
Chris	Williams	12	Salesian	DL
Elijah	Willis	12	Salesian	OL
Tyler	Chesney	10	St. Patrick-St. Vincent	LB
Josh	Cruz	12	St. Patrick-St. Vincent	LB
Devin	Devlin	10	St. Patrick-St. Vincent	OL
Julius	Fernandez	12	St. Patrick-St. Vincent	OL
Wesley	Gallowaay	12	St. Patrick-St. Vincent	RB
Marcus	Gay	10	St. Patrick-St. Vincent	DB
Carlos	Madrigal	11	St. Patrick-St. Vincent	DL
Marcus	Oducado	12	St. Patrick-St. Vincent	WR
Marquis	Parrillat	12	St. Patrick-St. Vincent	RB
Matt	Bell	12	Valley Christian	LB
Matt	Calcagno	11	Valley Christian	LB
Adam	Hirsh	11	Valley Christian	DB
Griffin	Smith	12	Valley Christian	RB
Jarius	Woodsent	12	Valley Christian	WR

Football - Stone Division

Most Valuable Player

Devan	Quesada	11	John Swett	WR
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Lineman of the Year

Joe	Ilaoa	11	John Swett	DL
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Offense MVP

Monta	Johnson	12	Kennedy	WR
Isiah	Hodgins	10	Berean Christian	WR

First Team

Ernie	Timoteo	12	Kennedy	RB
Tony	Latu	12	De Anza	OL
Malimali	Faeamani	11	De Anza	OL
Matt	Thompkins	11	John Swett	QB
Dytanya	Benton	11	John Swett	RB
Malik	Kouyate	11	Albany	WR
Marco	Lazaras	12	Albany	OL
Bejan	Esmali-Zamora	11	Albany	K
Josh	Smith	11	Berean Christian	FB

Defense - MVP

Eric	Silva	12	Richmond	S
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First Team

Kyree	Jackson	11	Kenendy	DB
Socoice	Young	11	Kennedy	DL
Dauso	Rizo	12	Kennedy	LB
Rolandre	Lincoln	12	Kennedy	CB
Jamonte	Moore	11	John Swett	DE
Brandon	Newman	12	John Swett	MLB
De'ondre	Hendricks	12	John Swett	DB
Edgar	Mora	11	Richmond	DT

Jared	Filbert	12	Berean Christian	DL
Terry	Wilson	12	Kennedy	DB

Honorable Mention

Lorenzo	Sannibale	12	Albany
Gabe	Melendez	12	Albany
Uthman	Sabir	11	Albany
Tristain	Taylor	12	Albany
Vincent	Guarsico	10	Berean Christian
Nick	Ramos-Umah	10	Berean Christian
Marquel	McCoy	11	Berean Christian
Hayden	Breilein	11	Berean Christian
Chad	Whaley	12	Berean Christian
Michael	Foley	11	Berean Christian
Leo	Hodis	11	Berean Christian
Scott	Lewis	11	Berean Christian
Sean	Billideau	12	Berean Christian
Michael	Fulton	11	Berean Christian
Tyrique	Armstrong	11	De Anza
Marty	Hughes	11	De Anza
Kyle	Hardcastle	11	John Swett
Phillip	Huff	11	John Swett
Damone	Powell	11	John Swett
Everett	Mitchell	12	John Swett
Josehp	Fobbs	11	Kenendy
Marcus	Kelly	10	Kenendy
Jordan	Mims	11	Kenendy
Kyree	Jackson	11	Kennedy
Markel	Whiten	12	Kennedy
Jesus	Aguilara	12	Richmond
Kenneth	Silva	12	Richmond
Kyree	Hall	9	Richmond
Matthew	Williams	11	Richmond

Coach of the Year

Bob	Quesada	John Swett
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Women's Tennis

First Team

Christina	Rakhamimov	Albany	9
Aysha	Hayes	St. Joseph Notre Dame	10
Allison	Chuang	Albany	12
Claire	Chaung	Albany	10
Savannah	Fisher	St. Joseph Notre Dame	12
Nicole	Bermudez	St. Joseph Notre Dame	10

Second Team

Sara	Sloan	Saint Mary's	12
Shuxin	Zhou	Pinole Valley	9
Claire	Rondenet	St. Joseph Notre Dame	12
Lauren	Rondenet	St. Joseph Notre Dame	12
Olivia	Lozano	Saint Mary's	11
Jyoti	Reineke-Feldman	Saint Mary's	11

Women's Cross Country

Most Valuable

Kiera	Marshall	St. Joseph Notre Dame	10
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First Team

Beatrice	Levy	St. Joseph Notre Dame	9
Riley	Harmon	Albany	9
Ella	Hymel	Saint Mary's	11
Veronica	Aguila	St. Joseph Notre Dame	12
Jacey	De La Torre	Albany	11
Taryn	Kisch-Gallagher	Saint Mary's	11
Tamika	Whitenack	El Cerrito	

Second Team

Caitlyn	Sakurai	El Cerrito	10
Ariana	Corwin	Saint Mary's	12
Avi	Wilson-Perteete	Saint Mary's	10
Julia	English	Saint Mary's	10
Karina	Duarte	St. Joseph Notre Dame	12
Jilly	De La Torre	Albany	11
Alexis	Ballman	Albany	10

Men's Cross Country

Most Valuable

Michael	Murphy	St. Joseph Notre Dame	12
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First Team

Cooper	Teare	St. Joseph Nortre Dame	10
Matthew	Murphy	St. Joseph Nortre Dame	12
Willie	Mein	St. Joseph Nortre Dame	10
Owen	Woo	Saint Mary's	10
Jason	Tang	Albany	12

Ryan	Cutler	Hercules	10
Diego	Jara	Saint Mary's	12

Second Team

Daniel	Ratto	St. Joseph Notre Dame	11
Faraz	Khan	Saint Mary's	11
Gavin	Hill	St. Joseph Notre Dame	10
Jackson	Sundheim	St. Joseph Notre Dame	12
Mickey	Tessema	Saint Mary's	12
Justice	Delos Santos	Hercules	11
Davis	Feeley	El Cerrito	12

Men's Soccer Rock

Most Valuable Player

Addison	Escobar	12	Richmond
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First Team

Arcadio	Rivera	12	Albany
Riley	Bolton	12	El Cerrito
Esgar	Garcia	12	El Cerrito
Miguel	Arroyo	12	Hercules
Roberto	Rios	12	Richmond
Luis	Mendoza	11	Richmond
Miguel	Birruete	11	Richmond
Christian	Garcia	11	Richmond
Eduardo	Deloa	11	Saint Mary's
Amdony	Azuary	12	Saint Mary's

Second Team

Juvenal	Pena	12	Albany
Norbu	Tenzin	12	Albany
Liam	Tran	12	Albany
Eric	Gill	11	Hercules
Humberto	Melendez	11	Richmond
Osbaldo	Bramvilla	11	Richmond
Luis	Navarro	9	Richmond
Noa	Richardson	12	Saint Mary's
Daniel	Zuniga	10	Saint Mary's
Efrain	Valdez	11	Salesian
Alex	Nguyen	12	Salesian

Honorable Mention

Subash	Giri	12	Albany
Jesus	Contriras	12	Albany
Jacob	Edwards	10	El Cerrito
Joseph	Gratol	9	El Cerrito

Marcus	Lee	10	El Cerrito
Alexander	Heckman	10	Saint Mary's
Cristian	Garcia	10	Saint Mary's
Aneceto	Leon	11	Salesian

Men's Soccer Stone

Offensive Most Valuable Player

Jesus Ocegueda 12 De Anza

Defensive Most Valuable Player

Marquis Perrilliat 12 St. Patrick-St. Vincent

First Team

Luis Lopez 11 De Anza
Juan Garcia 12 De Anza
Myron Sandoval 12 Pinole Valley
Hector Ramirez 12 Pinole Valley
Michael Monica 12 St. Joseph Notre Dame
Bryon Osorio 11 St. Joseph Notre Dame
Jose Tirado 12 Kennedy
Anthony Gamez 10 Kennedy
Justin Coan 12 St. Patrick-St. Vincent

Second Team

Ben Doherty 11 De Anza
Jonathan Astorga 12 De Anza
Jose Gomez 10 De Anza
Chris Medrano 12 De Anza
Jordan Flechero 12 Pinole Valley
Bryan Moran 12 Pinole Valley
Brannen Elshire 11 St. Joseph Notre Dame
Alex Argueta 11 St. Joseph Notre Dame
Edgar Rivera 12 Kennedy
Jose Luis Arguella 11 Kennedy
Zachery Richards 11 St. Patrick-St. Vincent

Honorable Mention

Erik Maley 10 De Anza
Alex Sobrevilla 12 Pinole Valley

Alan	Castro	11	Pinole Valley
Jaime	Lopez	11	Pinole Valley
Jorge	Poblano	11	Pinole Valley
Jonathan	Torres	12	Pinole Valley
Cameron	Putterman	11	Pinole Valley
Cameron	Spaulding	10	St. Joseph Notre Dame
Alex	Fisher	11	St. Joseph Notre Dame

Women's Soccer Stone

Offensive Most Valuable Player

Fatima	Perez	10	Kennedy
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Defensive Most Valuable Player

Wendy	Lauren	12	Pinole Valley
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First Team

Vanessa	Rico	10	De Anza
Salma	Ramirez	11	De Anza
Ariana	Romero	9	Hercules
Lourdes	Wnwuemaka	12	Hercules
Abigail	Plancenía	10	Kennedy
Kimberly	Arias	9	Pinole Valley
Stephanie	Alva	10	Pinole Valley
Jasmine	Rodriques	10	Richmond
Vanessa	Juarez	11	Richmond

Second Team

Maria	Morales	10	De Anza
Aaloni	Chess	11	De Anza
Sophia	Blackdeer-Young	12	Hercules
Elizabeth	Twitchen	10	John Swett
Shirley	Correa	12	John Swett
Venessa	Carranza	11	Kennedy
Karla	Saavedra	10	Pinole Valley
Celeste	Huerta	12	Pinole Valley
Daniella	Vargas	12	Richmond
Kenya	Cabral	10	Richmond

Honorable Mention

Emily	Quinero	9	De Anza
Maxine	Dimalanta	9	De Anza
Madelyn	DeNatale	12	De Anza

Mary	Helberg	11	De Anza
Jessica	Bray	11	Hercules
Mariah	Mesner	12	Hercules
Andrea	Salas	12	Hercules
Alexandra	Rodriquez	11	Hercules
Sydney	Davis	9	John Swett
Lisette	Pacheco	9	Kennedy
Karla	Bermudes	10	Kennedy
Diana	Portillo	12	Kennedy
Maxine	Alvarado	11	Pinole Valley
Grace	Scott	11	Pinole Valley
Gaby	Cuevas	10	Richmond
Evelyn	Dominguez	12	Richmond
Becky	Paz	11	Richmond
Yarizta	Martinez	11	Richmond

Women's Soccer Rock

Offensive Player of the Year

Ya	Davis	12	Albany
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Defensive Players of the Year

Anna	Tong	11	El Cerrito
Angelina	Ferreira	9	St. Joseph Notre Dame

First Team

Patty	Quinn	11	Albany
Lily	Tran	11	Albany
Sophie	Marengo	10	El Cerrito
Jannelly	Espinoza	12	Saint Mary's
Emma	Homertgen	10	Saint Mary's
Meghan	Bradbury	12	Salesian
Haylee	Bauer	12	Salesian
Mia	Passalacqua	11	St. Vincent-St. Patrick

Second Team

Emily	Polito	11	Albany
Angelica	Gonzalez	11	Albany
Robin	Mitchell	10	El Cerrito
Annie	Sako	11	El Cerrito
Jenna	Van Pelt	9	El Cerrito
Miya	Keilin	10	El Cerrito
Nina	Lewis	10	Saint Mary's
Emily	Woo	12	Saint Mary's
Daniella	Espinosa	10	Saint Mary's
Liz	Ramirez	12	Salesian
Eleanor	Seiwald	11	St. Joseph Notre Dame

Honorable Mention

Nadya	Ahmadi	12	Albany
Oona	Frauenfelder	10	Albany

Carmen	Finley	11	Albany
Cheyenne	Lippe	9	El Cerrito
Ella	Hymel	11	Saint Mary's
Olivia	Brown	10	Saint Mary's
Maya	Hymel	11	Saint Mary's
Jasmine	Reynoso	12	Saint Mary's
Hannah	Langbehn	10	Salesian
Ana	Ledesma	11	Salesian
Estephanie	Hildago-Estrada	12	Salesian
Tristan	Atkinson	12	St. Joseph Notre Dame
Jennifer	Chew	11	St. Joseph Notre Dame
Sarina	Levin	11	St. Patrick-St. Vincent
Chole	Lindemann	11	St. Patrick-St. Vincent
Eliana	Levin	12	St. Patrick-St. Vincent
Kristina	Ruble	12	St. Patrick-St. Vincent
Kayla	Middling	12	St. Patrick-St. Vincent

Men's Basketball Stone

Most Valuable Player

Marcus Simon	11	Albany
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First Team

Devan Quesada	11	John Swett
Isaiah Attles	12	Kennedy
Quincy Chapple	12	Pinole Valley
Marquette Davenport	12	Richmond

Second Team

Coleman Burke	12	Albany
Josh Friedkin	11	Albany
Jose Hernandez	12	Pinole Valley
Eric Chandler	12	Pinole Valley
Pete Head	12	Richmond

Honorable Mention

Duvchin Javkhlantugs	12	Albany
Ray Kao	12	Albany
Karjuan Brown	10	De Anza
Brizjon Wilbight	12	De Anza
Jalen Chandler	9	De Anza
Rashon Wallace	10	De Anza
Jared Domaguing	12	Hercules
Kevin Whitaker	11	John Swett
Ajay Singh	12	John Swett
Joe Illoa	11	John Swett
Everett Mitchell	12	John Swett
Phil Huff	11	John Swett
Cameron Boughton	11	Kennedy
Kyree Jackson	11	Kennedy
Trevante Daniels	10	Kennedy
Joshua Pittman	11	Pinole Valley

Jeremy	Vidal	12	Pinole Valley
Jesus	Padilla	12	Richmond
Sahr	Kelley	12	Richmond
Daron	Wilson	12	Richmond

Men's Basketball Rock

First Team

Sayeed	Pridgett	11	El Cerrito
Tyrell	Alcorn	12	El Cerrito
Carlos	Johnson	11	El Cerrito
Kevin	Warren	11	Saint Mary's
Tavian	Henderson	10	St. Patrick-kSt. Vincent

Second Team

Aaron	Banks	10	El Cerrito
Aren	Ulmer	12	Saint Mary's
Brandon	McGhee	11	Salesian
Lamont	Banks	12	St. Joseph Notre Dame
Jade	Smith	10	St. Joseph Notre Dame

Honorable Mention

Jalen	Walton	12	El Cerrito
Devin	Davis	12	El Cerrito
Jared	Domaguing	12	Hercules
Joshua	Lars	12	Hercules
Kyree	Brown	9	Saint Mary's
Nyjahl	Thompson	11	Saint Mary's
DeMar	Dunn	12	Salesian
Jamario	Bibb	9	Salesian
Derek	E'Denchukwu	11	Salesian
Marquel	Johnson	10	Salesian
Edra	Luster	10	St. Joseph Notre Dame
Darne	Duckett	10	St. Joseph Notre Dame
James	Bramble	12	St. Joseph Notre Dame
BJ	Standley	11	St. Patrick-St. Vincent
Marcus	Oducado	12	St. Patrick-St. Vincent
DJ	Harris	12	St. Patrick-St. Vincent
Jack	Gamba	12	St. Patrick-St. Vincent

Women's Basketball Rock

First Team

Jessica	Rogers	11	Pinole Valley
Ma'Ane	Mosley	12	Saint Mary's
Minyon	Moore	11	Salesian
Kian	McNair	12	Salesian
Alyssa	Gable	12	St. Joseph Notre Dame

Second Team

Destanee	Alexander	12	Kennedy
Zavanna	Negron	12	Saint Mary's
Layla	Ybarra-Harvey	11	Saint Mary's
Jordan	Hobson	11	Salesian
Mira	Love-Sangco	10	St. Joseph Notre Dame

Honorable Mention

Lexus	Meriwether	12	Kennedy
Arriel	Cobb	11	Pinole Valley
Kiley	Levesque	12	Pinole Valley
Anastacia	Ilili	11	Pinole Valley
Tiara	Chinn	11	Saint Mary's
Kennedy	Villa	10	Saint Mary's
Taimane	Lesha-Hardee	9	Salesian
JulieAnne	Martin	11	Salesian
Maya	Williams	12	Salesian
Ayesa	Kearns	11	St. Joseph Notre Dame
Kelly	Dennis	12	St. Patrick-St. Vincent
Selena	Caoile	11	St. Patrick-St. Vincent

Women's Basketball Stone

First Team

Kabele	Lavrov	10	Albany
Nicole	Dozier	12	De Anza
Keiani	Alfred	12	Hercules
Zamyris	Howard	10	Hercules
Veronica	Barnett	12	John Swett

Second Team

Makaya	Thomas	11	El Cerrito
Tameera	NcNeil	10	Hercules
Leah	Gary	11	Hercules
Alyssa	Rodriquez	11	Hercules
Kayla	Orozco	11	John Swett

Honorable Mention

Courtney	Tamaki	10	Albany
Avalon	Miller	12	Albany
Cameeron	Chee	11	El Cerrito
Jassemine	Johnson	10	El Cerrito
Dierra	Mize	11	Hercules
Gabby	Ortega	9	John Swett
Mijae	Wilson	12	Richmond

Baseball Rock

Most Valuable Players

Jordan	Williams	11	Albany
Kasey	Wallace	12	Pinole Valley

Pitcher of the Year

Kevin	Page	11	El Cerrito
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First Team

Avery	Tonkyn	12	Albany
Jake	Dent	12	El Cerrito
Nico	Aldaco	12	Saint Mary's
Andre	Nnebe	11	Saint Mary's
Jack	Delmore	11	St. Joseph Nore Dame
Cassian	Castillo	12	St. Joseph Nore Dame
James	Terrell	12	St. Patrick-St. Vincent

Second Team

Cooper	Morrison	11	Albany
Andrew	Wittemore	12	El Cerrito
Jeffrey	Kersten	12	Pinole Valley
Sammy	Esparza	11	Pinole Valley
Gianni	Bloom	10	Saint Mary's
Ryan	Jenkins	10	Saint Mary's
Angel	Munoz	11	St. Joseph Notre Dame
Vinnie	Republicano	11	St. Joseph Notre Dame
Triston	Foley	12	St. Patrick-St. Patrick
Jack	Gamba	12	St. Patrick-St. Patrick

Honorable Mention

Jerry	Gaitan	10	Albany
Clayton	McDonald	11	Albany
Nathan	Grecco	12	Albany
Aidan	Bernal	12	El Cerrito
Daniel	Sanchez	10	Pinole Valley
Arlo	Rudy	12	Saint Mary's
Shane	Kaneshiro	11	Saint Mary's
Nick	Ultsch	12	Saint Mary's
Augustus	Moseley	11	St. Joseph Notre Dame
Patrick	Yajko	11	St. Joseph Notre Dame
Chris	Stinchcombe	11	St. Patrick-St. Vincent
Fred	Seto	10	St. Patrick-St. Vincent

Tavian

Henderson

10

St. Patrick-St. Vincent

Men's Volleyball

Most Valuable Player

Deo	Boongaling	12	St. Patrick-St. Vincent
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First Team

Hanlin	Cai	11	El Cerrito
Aiden	Nietschy	11	El Cerrito
Terence	Falcon	12	Hercules
Enrique	Hernandez	12	Salesian
Clarence	Wilson	12	St. Joseph Notre Dame
Dominic	Nicolas	12	St. Patrick-St. Vincent

Second Team

Josh	Lars	12	Hercules
Rey	Pastor	12	Pinole Valley
Austin	Wisherop	12	Salesian
Michael	Ong	12	St. Joseph Notre Dame
Sean	Obligacion	12	St. Joseph Notre Dame
John	Cuevas	12	St. Patrick-St. Vincent
Ryan	Villaseran	12	St. Patrick-St. Vincent

Honorable Mention

Philip	Cruz	12	El Cerrito
Danny	Ong	12	El Cerrito
Nadir	Morgan	12	El Cerrito
Erick	Oldaan	12	Hercules
Merrick	Panlaqui	12	Hercules
Luis	Castro	12	Pinole Valley
Mark	Perez	12	St. Patrick-St. Vincent
Patrick	Basco	12	St. Patrick-St. Vincent

Softball Rock

Most Valuable Player

Megan Bradbury 12 Salesian

First Team

Isabel Lavrov 10 Albany
Brittany Martinez 10 Pinole Valley
Jessica Rogers 11 Pinole Valley
Summer White 10 Pinole Valley
Janae Adams 12 Saint Mary's
Madison Pozzi 11 Salesian
Anekaila Crevani 11 St. Joseph Notre Dame
Taya deAlba 12 St. Patrick-St. Vincent
Neenah Pagilinan 10 St. Patrick-St. Vincent

Second Team

Sydney Hersh 11 Albany
Janai Denard 10 Saint Mary's
Sarah Stenger 12 Saint Mary's
Taylor McCracken 10 Saint Mary's
Mariah Schuchart 10 Salesian
Tyesen Gordon 9 St. Joseph Notre Dame
Jaydee Boursaw 11 St. Patrick-St. Vincent
Jennifer Adams 12 St. Patrick-St. Vincent
Marisa Avalos 11 St. Patrick-St. Vincent

Honorable Mention

Adi Saaf 10 Albany
Kathryn Cassin 10 Albany
Jessica Kelley 10 Albany
Vanessa Speakman 10 Pinole Valley
Terri Smith 10 Pinole Valley
Analisa Fernandez 9 Pinole Valley
Lydia Quiros 9 Pinole Valley
Georgia Hayter 10 Saint Mary's
Grace Cushing 10 Saint Mary's
Jordyn Boykin 9 Saint Mary's
Lexi Rosales 10 Salesian
Lizette Zaragoza 11 Salesian
Kaitlin Hague 12 Salesian
Sarah Mahler 9 St. Joseph Notre Dame
Olivia Ballesteros 12 St. Joseph Notre Dame

Natalya	Ocon	11	St. Patrick-St. Vincent
Chelsea	Mari	9	St. Patrick-St. Vincent
Olivia	Soley, Jr.	11	St. Patrick-St. Vincent

Baseball Stone

Most Valuable Player

Ricky	Hernandez	11	De Anza
John	Schilt	12	Salesian

Pitcher of the Year

Zack	Parella	10	John Swett
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First Team

Justin	Summers	11	De Anza
Mark	Armendarez	12	Hercules
Mark	Jones	10	Hercules
Devan	Quesada	11	John Swett
Mark	Dozier	11	Kennedy
Armondo	Gomez	12	Richmond
Mark	Copeland	12	Salesian

Second Team

Rito	Gomez	11	De Anza
Casey	Edmunds	11	De Anza
Thomas	Wright	10	Hercules
K.P.	Pruitt	11	Hercules
Derrick	Quesada	10	John Swett
BJ	Byrd	10	John Swett
Gerald	Cammon	12	Kennedy
Javier	Martinez	12	Richmond
Chris	Gonzales	12	Salesian
Raymond	Tarin	11	Salesian

Honorable Mention

Ivan	Alataua	10	De Anza
Ritchie	Kirbyson	10	De Anza
Angel	Redondo	12	De Anza
Andrew	Agnitsch	11	De Anza
James	Carter	12	De Anza
Matthew	Mendoza	11	Hercules
Spencer	Look	11	Hercules
Justin	Mahley	11	Hercules
Earl	Nile	11	Hercules
Nick	Rodriguez	11	John Swett
Brandon	Newman	12	John Swett
Viengsai	Laseysongkham	12	Kennedy

Jonathan	DelaCruz	12	Richmond
Eric	Silva	12	Richmond
Christian	Ceja	12	Richmond
Domonic	Parella	12	Salesian
Marcello	Tervalon	11	Salesian
Kyle	Brown	12	Salesian
Raymond	Tarin	11	Salesian

Softball Stone

Most Valuable Player

Malika	Ofoia	9	John Swett
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First Team

Miya	Keilin	10	El Cerrito
Grace	Rusin	10	El Cerrito
Alicia	Chavez	10	Hercules
Dierra	Mize	11	Hercules
Kaitlyn	Lourenco	11	John Swett
Jessica	Nunes	9	John Swett
Desirae	Armstrong	11	Kennedy
Alejandra	De La Torre	12	Kennedy
Amy	Palomares	12	Richmond

Second Team

Sarah	Quintanilla	11	De Anza
Miranda	Moreno	10	De Anza
Jennifer	Campo-Vega	12	De Anza
Erin	Cain	11	El Cerrito
Mia	Yuen	10	Hercules
Crystel	Ruaro	9	John Swett
Veronica	Barnett	12	John Swett
Elishanay	Daniels	10	Kennedy
Imani	Irwin	11	Richmond
Yaili	Cerna	10	Richmond

Honorable Mention

Alex	Lutz	12	John Swett
Kennedy	Luty	12	John Swett
Brittany	Butler	12	John Swett
Claudia	Flore		John Swett
Emma	Rusin		Richmond

Men's Tennis

First Team

Mike	Vizcarra	11	Hercules
Rishad	Vaidhyanathan	11	Hercules
DiAngelo	Soriano	11	Hercules
Dominic	Tu	12	Salesian
James	Bramble	12	St. Joseph Notre Dame
Julian	DeGuzman	12	St. Joseph Notre Dame

Second Team

Aaron	Brumels	10	Albany
Atticus	Pallock	9	Albany
Ben	Driscoll	9	Albany
Chris	Feraria	10	Saint Mary's
Christian	Jobe	11	Saint Mary's
Josh	Atkins	11	St. Joseph Notre Dame

Men's Golf

First Team

James	Lemos	11	St. Joseph Notre Dame
Octavio	Guzman	11	St. Joseph Notre Dame
Thomas	Lee	12	St. Joseph Notre Dame
Tony	Torres	10	Saint Mary's
Carlos	White	12	Saint Mary's
Will	Booth	11	Saint Mary's