

Swimming

Men's

200 Yard Medley Relay	Daniel	Pugeda	11	Hercules
	Marco	Yenko	11	Hercules
	Isaac	Lin	11	Hercules
	Joshua	Louie	10	Hercules
200 Yard Freestyle	Daniel	Pugeda	11	Hercules
200 Yard IM	Arman	Saghafi	12	Albany
50 Yard Freestyle	Marco	Yenko	11	Hercules
100 Yard Butterfly	Will	Cross	11	El Cerrito
100 Yard Freestyle	Andrew	Maichel	12	St. Patrick-St. Vincent
500 Yard Freestyle	Zachary	Harkness	12	Albany
200 Yard Freestyle Relay	Arman	Saghafi	12	Albany
	Paul	Kim	11	Albany
	Kevin	Ho	11	Albany
	Jonathan	Luo	12	Albany
100 Yard Backstroke	Will	Cross	11	El Cerrito
100 Yard Breaststroke	Marco	Yenko	11	Hercules
400 Yard Freestyle Relay	Tai	Bonde	11	El Cerrito
	Will	Cross	11	El Cerrito
	Max	Hilton	9	El Cerrito
	Miles	Turman	11	El Cerrito

Women's

200 Yard Medley Relay	Sofia	Del Priore	10	Albany	
	Nara	Phoonpirom	9	Albany	
	Jetsun	Jungney	11	Albany	
	Melissa	Zhou	10	Albany	
200 Yard Freestyle	Melissa	Zhou	10	Albany	
200 Yard IM	Jetsun	Jungney	11	Albany	
50 Yard Freestyle	Alyssa	Ramirez		De Anza	
100 Yard Butterfly	Natalia	Brunetti	9	El Cerrito	
100 Yard Freestyle	Melissa	Zhou	10	Albany	
500 Yard Freestyle	Alejandra	Robins		Saint Mary's	
200 Yard Freestyle Relay	Melissa	Zhou	10	Albany	
	Sophia	Vitek	9	Albany	
	Sofia	Del Priore	10	Albany	
	Jetsun	Jungney	11	Albany	
	100 Yard Backstroke	Natalia	Brunetti	9	El Cerrito
	400 Yard Freestyle Relay	Ada	Lengyel	10	El Cerrito
Violet		Henneberger	10	El Cerrito	
Maiya		Stokowski	11	El Cerrito	
Natalia		Brunetti	9	El Cerrito	

Men's Tennis

Stone

Jack	McDermott		El Cerrito
Julian	Schelyer		El Cerrito
Kari	Collins		El Cerrito
Karma	Gyalpo		El Cerrito
Christopher	Moreida	11	Richmond
Nanuel	Nava	12	Richmond

Rock

Nathal	Procek	10	Albany
Ian	Chuang	11	Albany
Will	Blevins	12	Saint Mary's
Max	Kramer	12	Saint Mary's
Jaylen	Newell	10	Saint Mary's
Jeremy	Samuel	11	Saint Mary's

Men's Volleyball Stone

Stone

Most Valuable Player

Lucas	Scheibe	11	Saint Mary's
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First Team

Hahsani	Jacob	12	Hercules
Andrew	Taw	11	Hercules
Mike	Tillis	12	Kennedy
Lucas	Scheibe	11	Saint Mary's
Santiago	Cuba	10	Saint Mary's
Nathan	Madson	10	Saint Mary's
Justin	Dado	12	Salesain

Second Team

Chris	Worley	12	Hercules
Edwin	Benavides	12	Hercules
EJ	Sofo	12	Kennedy
Tommy	Huebner	11	Saint Mary's
Ponan	Kelley	12	Saint Mary's
Dylan	Chan	10	Salesian
Jeremy	Lorenzo	11	Salesian

Honorable Mention

Jaden	Robles	10	Hercules
Matthew	Cauton	10	Hercules
Prinz	Mabilog	9	Jesse Bethel
Elijah	Singleton	9	Jesse Bethel
Amani	Kerr	9	Jesse Bethel
Jubal	Glover	10	Kennedy
Sateki	Lovulo	10	Kennedy
Cornelius	Thomas	10	Saint Mary's
Luke	Van Noord	10	Saint Mary's
Aidan	Jacobs-Walker	11	Saint Mary's
Owen	Zhu	11	Salesian
Eric	Herbert	10	Salesian

Men's Volleyball Rock

Most Valuable Player

Trevor	Bolton	11	De Anza
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First Team

Trevor	Bolton	11	De Anza
Cole	Harless	11	De Anza
Vincent	Nguyen	12	El Cerrito
Cian	Chee	12	El Cerrito
Nolan	Fey	12	St. Patrick-St. Vincent
Zach	Vito	12	St. Patrick-St. Vincent
Angelo	Punzalan	12	St. Patrick-St. Vincent

Second Team

Jaden	Khettavong	11	De Anza
Justin	Tsui	11	De Anza
Tyler	Craner	12	El Cerrito
Javier	Gomez	12	Pinole Valley
Melakah	Saechao	12	Richmond
Daniel	Del Mundo	12	Richmond
Justin	Gamoras	11	St. Patrick-St. Vincent

Honorable Mention

John	Dizon	12	De Anza
Zion	Yip	12	El Cerrito
Ali	Alkahli	12	El Cerrito
Charlemagne	Reyes	12	Pinole Valley
Josh	Tuana	12	Pinole Valley
Cannek	Heredia	11	Richmond
Josmar	Nunez	9	Richmond
Ethan	Caragan	11	St. Partick-St. Vincent
AJ	Pimentel	12	St. Partick-St. Vincent

Men's Golf

Max	Ludewig	9	Albany
Joshua	Barretto		Jesse Bethel
Jaison	Naarag		Jesse Bethel
Tyler	Momono		Pinole
James	McNally	10	St. Patrick-St. Vincent
Waylon	Robbins	12	St. Patrick-St. Vincent
Julian	Argonza	12	St. Patrick-St. Vincent

Baseball - Rock

Most Valuable Player

D'Andre	Gains	12	Pinole Valley
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Pitcher of the Year

Ricky	Salas	11	El Cerrito
Noah	Zirkle	9	Saint Mary's

First Team

Matthew	Sim	12	Albany
Rodney	Green	10	El Cerrito
Ricky	Salas	11	El Cerrito
D'Andre	Gaines	12	Pinole Valley
Scott	Siverson	12	Pinole Valley
Deven	Irwin	12	Pinole Valley
Lucas	Mendoza	12	Saint Mary's
Devin	Dennis	11	St. Patrick-St. Vincent
Stef	Foley	11	St. Patrick-St. Vincent
James	Espanosa		Vallejo

Second Team

Ezra	Mander	12	Albany
Nikko	Parawan	12	El Cerrito
Jamison	Patanapanich	12	El Cerrito
Fernando	Duenas	12	Pinole Valley
Mitch	Heckman	12	Saint Mary's
Noah	Zirkle	9	Saint Mary's
Nick	Vams	12	Saint Mary's
Ryan	Shimabukuro	12	Saint Mary's
Mason	Maes	12	St. Patrick-St. Vincent
Jaylyn	Kelly	11	Vallejo

Honorable Mention

Diego	Barba	12	St. Patrick-St. Vincent
Caleb	Castanchoa	11	Pinole Valley
Gabriel Malat	Del Valle	11	Albany
Brian	Huerta	12	Vallejo
Teonnie	Johnson	12	Pinole Valley
Andy	Jones	12	St. Patrick-St. Vincent
Ty	Keilin	12	El Cerrito
Cole	Montano	9	Pinole Valley
Ben	Newton	11	Albany
Michael	Reagan	11	St. Patrick-St. Vincent
Barry	Rodriguez	12	Albany

Charlie	Rose	12	St. Patrick-St. Vincent
Kaleo	Santos	12	Vallejo
Will	Sepe	12	El Cerrito
Josh	Shankin	12	Pinole Valley
Josh	Sloan	12	Albany
Kyle	Tamonte	9	Vallejo
Isaac	Zalkin	12	Albany

Baseball - Stone

Most Valuable Players

Noah	Fiso	12	Jesse Bethel
Raudel	Wilson	11	De Anza

First Team

Raudel	Wilson	11	De Anza
Keith	Whitaker	12	De Anza
Robbie	Zuniga	12	De Anza
Aruthur	Adams	11	Hercules
Noah	Fiso	12	Jesse Bethel
Derrick	Robinson	11	Jesse Bethel
Abelardo	Fraire	12	Jesse Bethel
Darrion	Davis	11	John Swett
Max	Mendoza	12	Salesian
Ronald	Robertson	11	Salesian

Second Team

Jordan	Holmes	12	De Anza
Jesus	Contreras	11	De Anza
Ben	Campos	12	De Anza
Thomas	Petit	12	Hercules
Nathan	Castro	12	Jesse Bethel
Angel	Banuelos	12	Jesse Bethel
Mateo	Santos	10	Jesse Bethel
Pedro	Bernal	12	John Swett
Satchel	Greene	10	Salesian
Jake	Mejia	11	Salesian

Honorable Mention

TJ	Everetts	9	Hercules
Gabe	Osti	11	De Anza
Antonio	Melgoza	10	Hercules
Dominic	Daonessa	10	Hercules
Cortes	Montuya	9	Hercules
Caiden	Mendez	11	Jesse Bethel
Justin	Bostian	11	Jesse Bethel
Shawn	Hussein	11	John Swett
Matt	Sparks	10	John Swett
Jordan	Wilkins	11	John Swett
Jayden	Bussy	10	John Swett
Jaden	Robinson	12	Salesian
Jason	Rowland	12	Salesian
Joe	Valenzuela	12	Salesian

Softball - Rock

First Team

Ally	Chinn	11	El Cerrito
Mia	Sousa	9	El Cerrito
Meadow	Marchessault	11	El Cerrito
Deijah	Pangilinan	12	St. Patrick-St. Vincent
Kaleena	Yra	10	St. Patrick-St. Vincent
Teralyn	Wimbley	11	Jesse Bethel
Isabella	Esparza	12	Jesse Bethel
Rezna	Heredia	12	Saint Mary's
Gisele	Perez	9	Pinole Valley
Kourtney	Patrick	10	John Swett

Second Team

Softball - Stone

Most Valuable Player

Liliana	Campos	12	De Anza
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First Team

Sidney	Plummer	10	Albany
Georgia	Thompsen	12	Albany
Liliana	Campos	12	De Anza
Kyrah	Robinson	12	De Anza
Ally	Hersh	11	Kennedy
Ariadna	Castro	10	Kennedy
Amber	Holland	12	Salesian
Jae	Garcia	9	Salesian
Isa	Alegre	11	Vallejo
Xotchitt	Pena	12	Vallejo

Second Team

Kaitlyn	Bailey	11	Albany
Asia	Brantley	12	Albany
Jacqueline	Salgueia	12	De Anza
Ana	Cardenas	12	De Anza
Reyzarrie	McMillan	11	Kennedy
Ashanti	Stricklen	11	Kennedy
Sara	Cushing	10	Salesian
Kylie	Jensen	9	Salesian
Avyanah	Washington	11	Salesian
Janelle	Hines	11	Vallejo

Honorable Mention

Izzy	Markell	10	Albany
Ghianna	Owens	10	Albany
Phern	Quyen	12	Hercules
Fatima	Rodriquez	12	Kennedy
Rolandranique	Lincoln	11	Richmond
Joanna	Portillo	10	Salesian
Alyssa	LaRiza	11	Salesian