

Men's Basketball Rock

	<u>HOME</u>	<u>AWAY</u>
Tuesday, January 7	Saint Mary's Salesian El Cerrito	De Anza Albany St. Patrick-St. Vincent
Friday, January 10	De Anza Salesian St. Patrick-St. Vincent	El Cerrito Saint Mary's Albany
Tuesday, January 14	Albany St. Patrick-St. Vincent Salesian	El Cerrito Saint Mary's De Anza
Thursday, January 16	Saint Mary's	El Cerrito
Friday, January 17	De Anza Salesian	Albany St. Patrick-St. Vincent
Tuesday, January 21	Saint Mary's El Cerrito	Albany Salesian
Wednesday, January 22	De Anza	St. Patrick-St. Vincent
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Thursday, January 23	Albany	Salesian
Friday, January 24	De Anza St. Patrick-St. Vincent	Saint Mary's El Cerrito
Tuesday, January 28	El Cerrito Saint Mary's Albany	De Anza Salesian St. Patrick-St. Vincent
Friday, January 31	De Anza El Cerrito Saint Mary's	Salesian Albany St. Patrick-St. Vincent
Tuesday, February 4	Albany El Cerrito St. Patrick-St. Vincent	De Anza Saint Mary's Salesian
Friday, February 7	Albany	Saint Mary's

Salesian
St. Patrick-St. Vincent

El Cerrito
De Anza

Tuesday, February 11 Playoffs
Thursday, February 13 Playoffs
Saturday, February 15 Finals

Saturday, February 15 NCS Last Day

GAME TIMES:	Frosh - 4 p.m. JV - 5:30 p.m. Varsity - 7:00 p.m.
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Maximum Number of Contests	26
Maximum Number of Scrimmages	2
Practice Begins	Monday, November 4
Coaches Preseason Meeting	Monday, October 28
Coaches Post Season Meeting	Monday, February 10
Proposed:	Approved:

Stone

	HOME	AWAY
Tuesday, December 10	Jesse Bethel Richmond Hercules Bye	Vallejo Kennedy John Swett Pinole Valley
Friday, December 13	Kennedy John Swett Pinole Valley Jesse Bethel	Vallejo Richmond Hercules Bye
Tuesday, Deember 17	Kennedy Vallejo Bye Pinole Valley	John Swett Hercuels Richmond Jesse Bethel
Friday, December 20	Richmond	Hercules

	Kennedy Vallejo Jesse Bethel	Pinole Valley Bye John Swett
Tuesday, January 7	Pinole Valley Bye Hercules	John Swett Kennedy Jesse Bethel
Wednesday, January 8	Richmond	Vallejo
Friday, January 10	John Swett Vallejo Richmond Hercules	Bye Pinole Valley Jesse Bethel Kennedy
Tuesday, January 14	Kennedy Vallejo Pinole Valley Bye	Jesse Bethel John Swett Richmond Hercules
Friday, January 17	Vallejo Kennedy John Swett Pinole Valley	Jesse Bethel Richmond Hercules Bye
Tuesday, January 21	Vallejo Richmond Bye	Kennedy John Swett Jesse Bethel
Wednesday, January 22	Hercules	Pinole Valley
Friday, January 24	John Swett Hercules Richmond Jesse Bethel	Kennedy Vallejo Bye Pinole Valley
Tuesday, January 28	Hercules Pinole Valley Bye	Richmond Kennedy Vallejo
Wednesday, January 29	John Swett	Jesse Bethel
Friday, January 31	John Swett Kennedy Jesse Bethel	Pinole Valley Bye Hercules

	Vallejo	Richmond
Tuesday, February 4	Bye Pinole Valley Kennedy	John Swett Vallejo Hercules
Wednesday, February 3	Jesse Bethel	Richmond
Thursday, February 6	Jesse Bethel	Kennedy
Friday, February 7	John Swett Richmond Hercules	Vallejo Pinole Valley Bye
Tuesday, February 11	Playoffs	
Thursday, February 13	Playoffs	
Saturday, February 15	Finals	
Saturday, February 15	NCS Last Day	

GAME TIMES:	Frosh - 4 p.m. JV - 5:30 p.m. Varsity - 7:00 p.m.
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Maximum Number of Scrimmages	2
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Coaches Preseason Meeting	Monday, October 28
Coaches Post Season Meeting	Monday, February 10
Proposed:	Approved:

Women's Basektball Rock

	<u>HOME</u>	<u>AWAY</u>
Tuesday, January 7	Jesse Behel St. Patrick-St. Vincent John Swett	El Cerrito Salesian Saint Mary's
Friday, January 10	Saint Mary's El Cerrito Jesse Bethel	St. Patrick-St. Vincent John Swett Salesian
Tuesday, January 14	El Cerrito Jesse Bethel John Swett	Saint Mary's St. Patrick-St. Vincent Salesian
Friday, January 17	Saint Mary's St. Patrick-St. Vincent El Cerrito	Jesse Bethel John Swett Salesian
Tuesday, January 21	John Swett St. Patrick-St. Vincent Salesian	Jesse Bethel El Cerrito Saint Mary's
Friday, January 24	Saint Mary's El Cerrito Salesian	John Swett Jesse Bethel St. Patrick-St. Vincent
Tuesday, January 28	St. Patrick-St. Vincent John Swett Salesian	Saint Mary's El Cerrito Jesse Bethel
Thursday, January 30	Saint Mary's	El Cerrito
Friday, January 31	St. Patrick-St. Vincent Salesian	Jesse Bethel John Swett
Tuesday, February 4	Jesse Bethel John Swett Salesian	Saint Mary's St. Patrick-St. Vincent El Cerrito
Friday, February 7	Jesse Bethel El Cerrito	John Swett St. Patrick-St. Vincent

Saint Mary's

Salesian

Tuesday, February 11 Playoffs
 Thursday, February 13 Playoffs
 Saturday, February 15 Finals

Saturday, February 15 NCS Last Day

GAME TIMES:	Frosh - 4 p.m. JV - 5:30 p.m. Varsity - 7:00 p.m.
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Maximum Number of Contests	26
Maximum Number of Scrimmages	2
Practice Begins	Monday, November 4
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Proposed:	Approved:

Stone

	<u>HOME</u>	<u>AWAY</u>
Tuesday, December 10	Kennedy Vallejo De Anza Bye	Albany Pinole Valley Hercules Richmond
Thursday, December 12 Friday, December 13	Pinole Valley Vallejo Richmond Albany	Kennedy Hercules De Anza Bye
Tuesday, December 17	Hercules De Anza Bye Richmond	Pinole Valley Kennedy Vallejo Albany

Friday, December 20	Pinole Valley Kennedy Albany De Anza	Richmond Bye Hercules Vallejo
Tuesday, January 7	Richmond Bye De Anza Vallejo	Hercules Pinole Valley Albany Kennedy
Friday, January 10	Hercules Pinole Valley Kennedy Albany	Bye De Anza Richmond Vallejo
Tuesday, January 14	Richmond Bye	Vallejo De Anza
Wednesday, January 15	Albany Kennedy	Pinole Valley Hercules
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Friday, January 17	Albany Hercules Richmond Pinole Valley	Kennedy De Anza Bye Vallejo
Tuesday, January 21	Kennedy Hercules De Anza Bye	Pinole Valley Vallejo Richmond Albany
Friday, January 24	Pinole Valley Kennedy Vallejo Albany	Hercules De Anza Bye Richmond
Tuesday, January 28	Richmond Bye Vallejo	Pinole Valley Kennedy De Anza

Wednesday, January 29	Hercules	Albany
Friday, January 31	Hercules Pinole Valley Albany Kennedy	Richmond Bye De Anza Vallejo
Tuesday, February 4	Bye De Anza Richmond Vallejo	Hercules Pinole Valley Kennedy Albany
Friday, February 7	Hercules Pinole Valley Vallejo De Anza	Kennedy Albany Richmond Bye
Tuesday, February 11	Playoffs	
Thursday, February 13	Playoffs	
Saturday, February 15	Finals	
Saturday, February 15	NCS Last Day	

GAME TIMES:	Frosh - 4 p.m. JV - 5:30 p.m. Varsity - 7:00 p.m.
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Maximum Number of Scrimmages	2
Practice Begins	Monday, November 4
Coaches Preseason Meeting	Monday, October 28
Coaches Post Season Meeting	Monday, February 10
Proposed:	Approved:

Men's Soccer

Men's Rock

	HOME	AWAY
Tuesday, December 17	Saint Mary's El Cerrito	Pinole Valley Kennedy
Wednesday, December 18	Richmod	De Anza
Thursday, December 19	Pinole Valley De Anza	Richmod Kennedy
Friday, December 20	Saint Mary's	El Cerrito
Tuesday, January 7	Richmod El Cerrito	Saint Mary's De Anza
Wednesday, January 8	Kennedy	Pinole Valley
Thursday, January 9	Saint Mary's Richmod	De Anza Kennedy
Friday, January 10	El Cerrito	Pinole Valley
Tuesday, January 14	Pinole Valley El Cerrito Kennedy	De Anza Richmod Saint Mary's
Thursday, January 16	Pinole Valley	Saint Mary's
Friday, January 17	Kennedy De Anza	El Cerrito Richmod
Wednesday, January 22	El Cerrito Richmod Kennedy	Saint Mary's Pinole Valley De Anza
Friday, January 24	De Anza Pinole Valley Saint Mary's	El Cerrito Kennedy Richmod
Wednesday, January 29	De Anza Pinole Valley Kennedy	Saint Mary's El Cerrito Richmod
Friday, January 31	De Anza Richmod Saint Mary's	Pinole Valley El Cerrito Kennedy

Tuesday, February 4 Playoffs
 Thursday, February 6 Playoffs
 Tuesday, February 11 Playoffs
 Thursday, February 13 Finals

Saturday, February 15 NCS Last Day

GAME TIMES:	JV - 4:00 p.m.
	Varsity - 6:00 p.m.
Salesian & Saint Mary's	All games: 3:30 p.m.

Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Monday, October 28
Practice Begins	Monday, November 4
Coaches Post Season Meeting	Monday, February 3
Proposed:	Approved:

Revised 8-19

Men's Stone

	Home	Away
Tuesday, December 3	Hercules St. Patrick-St. Vincent Bye Salesian	Vallejo Albany John Swett Jesse Bethel
Thursday, December 5	Jesse Bethel Salesian John Swett Vallejo	Hercules Albany St. Patrick-St. Vincent Bye
Tuesday, December 10	Albany St. Patrick-St. Vincent Bye	Jesse Bethel Hercules Salesian

	John Swett	Vallejo
Thursday, December 12	Salesian Jesse Bethel Hercules Albany	St. Patrick-St. Vincent John Swett Bye Vallejo
Tuesday, December 17	Bye Salesian	Jesse Bethel Hercules
Wednesday, December 18	St. Patrick-St. Vincent John Swett	Vallejo Albany
Thursday, December 19	Albany St. Patrick-St. Vincent Hercules	Bye Jesse Bethel John Swett
Friday, December 20	Vallejo	Salesian
Tuesday, January 7	Hercules John Swett Bye	Albany Salesian St. Patrick-St. Vincent
Wednesday, January 8	Jesse Bethel	Vallejo
Thursday, January 9	Jesse Bethel John Swett	Salesian Bye
Friday, January 10	Vallejo Albany	Hercules St. Patrick-St. Vincent
Tuesday, January 14	Hercules Albany St. Patrick-St. Vincent Bye	Jesse Bethel Salesian John Swett Vallejo
Thursday, January 16	Hercules Salesian Vallejo Jesse Bethel	St. Patrick-St. Vincent Bye John Swett Albany
Tuesday, January 21	St. Patrick-St. Vincent John Swett Bye Vallejo	Salesian Jesse Bethel Hercules Albany
Friday, January 24	Albany	John Swett

Jesse Bethel
 Vallejo
 Hercules

Bye
 St. Patrick-St. Vincent
 Salesian

Wednesday, January 29

Jesse Bethel
 Bye
 John Swett
 Salesian

St. Patrick-St. Vincent
 Albany
 Hercules
 Vallejo

Friday, January 31

Vallejo
 Albany
 Salesian
 St. Patrick-St. Vincent

Jesse Bethel
 Hercules
 John Swett
 Bye

Tuesday, February 4
 Thursday, February 6
 Tuesday, February 11
 Thursday, February 13

Playoffs
 Playoffs
 Playoffs
 Finals

Saturday, February 15

NCS Last Day

GAME TIMES:	JV - 4:00 p.m.
	Varsity - 6:00 p.m.
Salesian & Saint Mary's	All games: 3:30 p.m.

Maximum Number of Contests	24
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Women's Soccer Womrn's Rock

	Home	Away
Tuesday, December 3	Pinole Valley Richmond De Anza Saint Mary's	El Cerrito Bye Albany Vallejo
Thursday, December 5	Richmond Bye Albany Vallejo	El Cerrito De Anza Saint Mary's Pinole Valley
Tuesday, December 10	Richmond El Cerrito Bye Pinole Valley	De Anza Albany Vallejo Saint Mary's
Thursday, December 12	Albany Saint Mary's Vallejo De Anza	Bye Richmond El Cerrito Pinole Valley
Tuesday, December 17	Richmond Pinole Valley El Cerrito De Anza	Vallejo Albany Bye Saint Mary's
Thursday, December 19	Albany Saint Mary's Bye Vallejo	Richmond El Cerrito Pinole Valley De Anza
Tuesday, January 7	De Anza Bye Albany Pinole Valley	El Cerrito Saint Mary's Vallejo Richmond
Thursday, January 9	El Cerrito Bye Albany Vallejo	Pinole Valley Richmond De Anza Saint Mary's

Tuesday, January 14	De Anza Saint Mary's	Bye Albany
Wednesday, January 15	Pinole Valley El Cerrito	Vallejo Richmond
Thursday, January 16	De Anza Albany Vallejo Saint Mary's	Richmond El Cerrito Bye Pinole Valley
Tuesday, January 21	Bye Pinole Valley El Cerrito Richmond	Albany De Anza Vallejo Saint Mary's
Thursday, January 23	Saint Mary's Vallejo Albany Bye	De Anza Richmond Pinole Valley El Cerrito
Tuesday, January 28	De Anza Richmond Pinole Valley El Cerrito	Vallejo Albany Bye Saint Mary's
Thursday, January 30	Richmond Saint Mary's Vallejo El Cerrito	Pinole Valley Bye Albany De Anza
Tuesday, February 4	Playoffs	
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Women's Stone

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Tuesday, December 17	St. Patrick-St. Vincent Hercules John Swett	Kennedy Salesian Jesse Bethel
Thursday, December 19	Jesse Bethel Salesian John Swett	St. Patrick-St. Kennedy Hercules
Tuesday, January 7	St. Patrick-St. Vincent Kennedy Jesse Bethel	Salesian John Swett Hercules
Thursday, January 9	Hercules Kennedy John Swett	St. Patrick-St. Jesse Bethel Salesian
Tuesday, January 14 Wednesday, January 15	Salesian Hercules St. Patrick-St. Vincent	Jesse Bethel Kennedy John Swett
Thursday, January 16	Kennedy Salesian	St. Patrick-St. Hercules
Friday, January 17	Jesse Bethel	John Swett
Tuesday, January 21	Kennedy Hercules	Salesian John Swett
Wednesday, January 22	St. Patrick-St. Vincent	Jesse Bethel
Thursday, January 23	Salesian	St. Patrick-St.

	Hercules John Swett	Jesse Bethel Kennedy
Tuesday, January 28	St. Patrick-St. Vincent Jesse Bethel Salesian	Hercules Kennedy John Swett
Thursday, January 30	Jesse Bethel Kennedy John Swett	Salesian Hercules St. Patrick-St.
Tuesday, February 4	Playoffs	
Thursday, February 6	Playoffs	
Tuesday, February 11	Playoffs	
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