

Badminton

	HOME	AWAY	
Tuesday, February 26	Jesse Bethel Hercules Pinole Valley De Anza	El Cerrito Richmond Vallejo	8
Thursday, February 28	El Cerrito Richmond Vallejo	Hercules Pinole Valley De Anza 8 Jesse Bethel	
Tuesday, March 5	Hercules El Cerrito Richmond Jesse Bethel	Pinole Valley Vallejo De Anza	8
Thursday, March 7	Vallejo De Anza Pinole Valley	Richmond Hercules 8 El Cerrito Jesse Bethel	
Tuesday, March 12	Pinole Valley Hercules Jesse Bethel El Cerrito	De Anza Vallejo Richmond	8
Thursday, March 14	Vallejo De Anza Richmond	8 Pinole Valley Hercules El Cerrito Jesse Bethel	
Tuesday, March 19	Jesse Bethel Pinole Valley Richmond Vallejo	Hercules El Cerrito De Anza	8
Thursday, March 21	El Cerrito Richmond Vallejo	Jesse Bethel Hercules Pinole Valley 8 De Anza	
March 25 to April 5	Spring Break	Vallejo District	

April 1 to April 5	Spring Break	WCCUSD
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Tuesday, April 9	Hercules Pinole Valley De Anza Jesse Bethel	El Cerrito Richmond Vallejo	8
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Thursday, April 11	Pinole Valley Vallejo De Anza	Hercules El Cerrito 8 Richmond Jesse Bethel	
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Tuesday, April 16	Richmond Hercules El Cerrito Jesse Bethel	Vallejo De Anza Pinole Valley	8
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Thursday, April 18	De Anza Vallejo Richmond	Pinole Valley 8 Hercules Jesse Bethel El Cerrito	
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Tuesday, April 23	Pinole Valley Hercules El Cerrito Jesse Bethel	Vallejo De Anza Richmond	8
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Thursday, April 25	Hercules El Cerrito De Anza	Jesse Bethel Pinole Valley Richmond 8 Vallejo	
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Wednesday, May 1	TCAL Playoffs
Thursday, May 2	TCAL Playoffs

Saturday, May 4	NCS Last Day
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Match Time:	3:30 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2

Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 29
Proposed:	Approved:

Golf

	<u>HOME</u>	<u>AWAY</u>	
Tuesday, February 19	Albany De Anza Jesse Bethel St. Patrick-St. Vincent Richmond	Saint Mary's El Cerrito Pinole Valley Salesian	10
Thursday, February 21	Albany Saint Mary's Jesse Bethel Pinole Valley Salesian	De Anza El Cerrito St. Patrick-St. Vincent Richmond	10
Tuesday, February 26	El Cerrito St. Patrick-St. Vincent De Anza Pinole Valley	Albany Saint Mary's Richmond 10 Jesse Bethel Salesian	
Thursday, February 28	Albany Saint Mary's Salesian Richmond	Jesse Bethel Pinole Valley De Anza 10 El Cerrito St. Patrick-St. Vincent	
Tuesday, March 5	Pinole Valley De Anza El Cerrito St. Patrick-St. Vincent Salesian	Albany Saint Mary's Jesse Bethel Richmond	10
Thursday, March 7	St. Patrick-St. Vincent Saint Mary's Jesse Bethel El Cerrito	Albany Richmond De Anza Salesian 10 Pinole Valley	
Tuesday, March 12	Albany Salesian De Anza	Saint Mary's St. Patrick-St. Vincent	10

	Pinole Valley Richmond	El Cerrito Jesse Bethel	
Thursday, March 14	Albany	Richmond 10 Saint Mary's	
	Pinole Valley El Cerrito Jesse Bethel	De Anza St. Patrick-St. Vincent Salesian	
Monday, March 18	St. Patrick-St. Vincent Albany	Jesse Bethel Pinole Valley	
Tuesday, March 19	Salesian Saint Mary's De Anza Richmond St. Patrick-St. Vincent	Albany Jesse Bethel El Cerrito Pinole Valley	10
Thursday, March 21	Saint Mary's El Cerrito Pinole Valley Salesian	Albany De Anza Jesse Bethel St. Patrick-St. Vincent 10 Richmond	
Tuesday, March 26	De Anza El Cerrito Richmond	Albany Saint Mary's Pinole Valley 10 Salesian	
Thursday, March 28	Albany Saint Mary's Richmond Jesse Bethel Salesian	El Cerrito St. Patrick-St. Vincent De Anza Pinole Valley	10
Monday, April 1	Albany	Salesian	
March 25 to April 5	Spring Break	Vallejo District	
April 1 to April 5	Spring Break	WCCUSD	
April 8 to April 12	Spring Break	Albany	

Monday, April 8	St. Patrick-St. Vincent Salesian	El Cerrito Jesse Bethel	
Tuesday, April 9	St. Patrick-St. Vincent Jesse Bethel El Cerrito Saint Mary's	10 Albany De Anza Richmond Pinole Valley Salesian	
Thursday, April 11	Saint Mary's Jesse Bethel Richmond	De Anza El Cerrito 10 St. Patrick-St. Vincent Salesian	
Monday, April 15	Pinole Valley Jesse Bethel	St. Patrick-St. Vincent Saint Mary's	
Tuesday, April 16	Albany Richmond De Anza Salesian Pinole Valley	St. Patrick-St. Vincent Saint Mary's Jesse Bethel El Cerrito	10
April 18 to April 26	Spring Break	Cahtolic Schools	
Wednesday, April 17	Pinole Valley St. Patrick-St. Vincent De Anza	Saint Mary's Richmond Salesian	
Thursday, April 18	Jesse Bethel El Cerrito	Albany	10
Tuesday, April 23	Richmond Saint Mary's De Anza	Albany Pinole Valley	10
Thursday, April 25	El Cerrito	10 De Anza Richmond	
Monday, April 29 Tuesday, April 30	Finals NCS Last Day	TBA	

Match Time:	3:30 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 29
Proposed:	Approved:

revised January 9
revised February 7

Tennis Rock

HOME

AWAY

Tuesday, February 12

Pinole Valley
El Cerrito
Richmond
Vallejo
De Anza
Hercules

Salesian
Saint Mary's
Albany
Jesse Bethel
St. Patrick-St. Vincent
Bye

Thursday, February 14

Bye
Salesian
Saint Mary's
Albany
Jesse Bethel
St. Patrick-St. Vincent

Pinole Valley
El Cerrito
Richmond
Vallejo
De Anza
Hercules

Tuesday, February 19

Salesian
Albany

Saint Mary's
Jesse Bethel
6 St. Patrick-St. Vincent

Thursday, February 21

St. Patrick-St. Vincent
Jesse Bethel

Saint Mary's
Salesian
6 Albany

Monday, February 25

Pinole Valley
El Cerrito
Richmond
Vallejo
De Anza
Hercules

St. Patrick-St. Vincent
Bye
Salesian
Saint Mary's
Albany
Jesse Bethel

Tuesday, February 26

Saint Mary's
St. Patrick-St. Vincent
Salesian

Jesse Bethel
Albany

6

Thursday, February 28

Albany
Salesian

Saint Mary's
St. Patrick-St. Vincent
6 Jesse Bethel

Monday, March 4

Jesse Bethel
St. Patrick-St. Vincent

Pinole Valley
El Cerrito

	Bye Salesian Saint Mary's Albany	Richmond Vallejo De Anza Hercules	
Tuesday, March 5	Albany Jesse Bethel Saint Mary's	Salesian St. Patrick-St. Vincent	6
Thursday, March 7	Saint Mary's Jesse Bethel St. Patrick-St. Vincent	Salesian Albany	6
Monday, March 11	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules	Albany Jesse Bethel St. Patrick-St. Vincent Bye Salesian Saint Mary's	
Tuesday, March 12	Saint Mary's Salesian Albany	St. Patrick-St. Vincent Jesse Bethel	6
Thursday, March 14	Jesse Bethel Albany	Saint Mary's St. Patrick-St. Vincent 6 Salesian	
Monday, March 18	Saint Mary's Albany Jesse Bethel St. Patrick-St. Vincent Bye Salesian	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules	
Tuesday, March 19	Saint Mary's St. Patrick-St. Vincent Jesse Bethel	Albany Salesian	6
Thursday, March 21	Salesian St. Patrick-St. Vincent	Albany Jesse Bethel 6 Saint Mary's	

March 25 to April 5	Spring Break	Vallejo District
April 1 to April 5	Spring Break	WCCUSD
April 8 to April 12	Spring Break	Albany
Tuesday, April 16	TCAL Playoffs	
Wednesday, April 17	TCAL Playoffs	
April 18 to April 26	Spring Break	Cahtolic Schools
Wednesday, May 1	Tennis Last Day	
Friday, May 3	NCS Division I	Single/Doubles
Saturday, May 4	NCS Division I	Single/Doubles

Match Begins	3:30 p.m.
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Maximum Number of	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season	Tuesday, April 16
Proposed:	Approved:

Revised January 9

Tennis Stone

	HOME	AWAY
Tuesday, February 12	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules	Salesian Saint Mary's Albany Jesse Bethel St. Patrick-St. Vincent Bye
Thursday, February 14	Bye Salesian Saint Mary's Albany Jesse Bethel St. Patrick-St. Vincent	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules
Tuesday, February 19	Pinole Valley Richmond De Anza	El Cerrito Vallejo Hercules
Thursday, February 21	Hercules Vallejo De Anza	Pinole Valley El Cerrito Richmond
Monday, February 25	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules	St. Patrick-St. Vincent Bye Salesian Saint Mary's Albany Jesse Bethel
Tuesday, February 26	Pinole Valley Hercules El Cerrito	Vallejo Richmond De Anza
Thursday, February 28	Richmond El Cerrito De Anza	Pinole Valley Hercules Vallejo
Monday, March 4	Jesse Bethel St. Patrick-St. Vincent Bye	Pinole Valley El Cerrito Richmond

	Salesian Saint Mary's Albany	Vallejo De Anza Hercules
Tuesday, March 5	Richmond Vallejo Pinole Valley	El Cerrito Hercules De Anza
Thursday, March 7	El Cerrito Vallejo Hercules	Pinole Valley Richmond De Anza
Monday, March 11	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules	Albany Jesse Bethel St. Patrick-St. Vincent Bye Salesian Saint Mary's
Tuesday, March 12	Pinole Valley El Cerrito Richmond	Hercules Vallejo De Anza
Thursday, March 14	Vallejo Richmond De Anza	Pinole Valley Hercules El Cerrito
Monday, March 18	Saint Mary's Albany Jesse Bethel St. Patrick-St. Vincent Bye Salesian	Pinole Valley El Cerrito Richmond Vallejo De Anza Hercules
Tuesday, March 19	Pinole Valley Hercules Vallejo	Richmond El Cerrito De Anza
Thursday, March 21	El Cerrito Hercules De Anza	Richmond Vallejo Pinole Valley

March 25 to April 5	Spring Break	Vallejo District
April 1 to April 5	Spring Break	WCCUSD
April 8 to April 12	Spring Break	Albany

Tuesday, April 16 TCAL Playoffs
 Wednesday, April 17 TCAL Playoffs

April 18 to April 26	Spring Break	Cahtolic Schools
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Wednesday, May 1 Tennis Last Day

Friday, May 3 NCS Division I Single/Doubles
 Saturday, May 4 NCS Division I Single/Doubles

Match Begins	3:30 p.m.
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Maximum Number of	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season	Tuesday, April 16
Proposed:	Approved:

Revised January 9

Baseball Stone

HOME

AWAY

Wednesday, February 13

John Swett
Kennedy
De Anza

Jesse Bethel
Richmond
Salesian
8 Hercules

Friday, February 15

Jesse Bethel
Richmond
Salesian
Hercules

John Swett
Kennedy
De Anza

8

Wednesday, February 20

Salesian
De Anza
Hercules

Richmond
John Swett
8 Kennedy
Jesse Bethel

Friday, February 22

Richmond
John Swett
Kennedy
Jesse Bethel

Salesian
De Anza
Hercules

8

Monday, February 25

Jesse Bethel
Richmond
Salesian
Hercules

John Swett
Kennedy
De Anza

8

Wednesday, February 27

Hercules
De Anza
Kennedy

Salesian
8 Richmond
Jesse Bethel
John Swett

Friday, March 1

Salesian
Richmond
Jesse Bethel
John Swett

Hercules
De Anza
Kennedy

8

Monday, March 4

John Swett
Kennedy
De Anza

Richmond
Salesian
Hercules
8 Jesse Bethel

Wednesday, March 6	Salesian Richmond John Swett Jesse Bethel	De Anza Hercules Kennedy	8
Friday, March 8	De Anza Hercules Kennedy	8 Salesian Richmond John Swett Jesse Bethel	
Monday, March 11	Richmond John Swett Kennedy Jesse Bethel	Salesian De Anza Hercules	8
Wednesday, March 13	Richmond John Swett Hercules	Jesse Bethel Salesian Kennedy 8 De Anza	
Friday, March 15	Jesse Bethel Salesian Kennedy De Anza	Richmond John Swett Hercules	8
Wednesday, March 20	Kennedy Richmond John Swett Jesse Bethel	De Anza Hercules Salesian	8
Friday, March 22	De Anza Hercules Salesian	Kennedy Richmond 8 John Swett Jesse Bethel	
March 25 to April 5	Spring Break	Vallejo District	
Wednesday, March 27	Richmond Salesian Hercules Jesse Bethel	John Swett Kennedy De Anza	8
Friday, March 29	John Swett	Richmond	

Kennedy
De Anza
Salesian
Hercules
8 Jesse Bethel

April 1 to April 5 Spring Break WCCUSD
April 8 to April 12 Spring Break Albany/John Swett

Wednesday, April 10 De Anza Kennedy
Hercules Richmond
8 John Swett
Salesian Jesse Bethel

Monday, April 15 Salesian Hercules
Richmond 8
Jesse Bethel De Anza
John Swett Kennedy

Wednesday, April 17 Jesse Bethel Richmond
Salesian John Swett
Kennedy Hercules
De Anza 8

April 18 to April 26 Spring Break Catholic Schools

Wednesday, April 23 8 Salesian
De Anza Richmond
Hercules John Swett
Kennedy Jesse Bethel

Thursday, May 2 Playoffs
Tuesday, May 7 Playoffs
Thursday, May 9 Playoffs

Friday, May 10 NCS Last Day

Match Time: 4:00 p.m.

Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season	Monday, April 29

Proposed:	Approved:
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Baseball Rock

	HOME	AWAY
Wednesday, February 13	Vallejo St. Patrick-St. Vincent Albany	Saint Mary's El Cerrito Pinole Valley
Friday, February 15	Pinole Valley El Cerrito Albany	Vallejo Saint Mary's St. Patrick-St. Vincent
Wednesday, February 20	Saint Mary's El Cerrito Pinole Valley	Vallejo St. Patrick-St. Vincent Albany
Friday, February 22	Vallejo St. Patrick-St. Vincent Albany	Saint Mary's El Cerrito Pinole Valley
Monday, February 25	Vallejo Pinole Valley Saint Mary's	El Cerrito St. Patrick-St. Vincent Albany
Wednesday, February 27	Vallejo Saint Mary's St. Patrick-St. Vincent	Pinole Valley El Cerrito Albany
Friday, March 1	Pinole Valley El Cerrito Albany	Vallejo Saint Mary's St. Patrick-St. Vincent
Monday, March 11	St. Patrick-St. Vincent Saint Mary's Albany	Vallejo Pinole Valley El Cerrito
Wednesday, March 13	El Cerrito St. Patrick-St. Vincent Albany	Vallejo Pinole Valley Saint Mary's
Friday, March 15	Vallejo Pinole Valley Saint Mary's	El Cerrito St. Patrick-St. Vincent Albany

Monday, March 18	St. Patrick-St. Vincent El Cerrito Vallejo	Saint Mary's Pinole Valley Albany
Wednesday, March 20	Vallejo Pinole Valley El Cerrito	St. Patrick-St. Vincent Saint Mary's Albany
Friday, March 22	St. Patrick-St. Vincent Saint Mary's Albany	Vallejo Pinole Valley El Cerrito
March 25 to April 5	Spring Break	Vallejo District
April 1 to April 5	Spring Break	WCCUSD
April 8 to April 12	Spring Break	Albany/John Swett
Monday, April 15	Saint Mary's Pinole Valley Albany	St. Patrick-St. Vincent El Cerrito Vallejo
Wednesday, April 17	St. Patrick-St. Vincent El Cerrito Vallejo	Saint Mary's Pinole Valley Albany
April 18 to April 26	Spring Break	Catholic Schools
Thursday, May 2	Playoffs	
Tuesday, May 7	Playoffs	
Thursday, May 9	Playoffs	
Friday, May 10	NCS Last Day	

Match Time:	4:00 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22

Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 29
Proposed:	Approved:

Softball Stone

	Home	Away	
Wednesday, February 13	Hercules Albany Kennedy	De Anza Salesian Richmond 8 Vallejo	
Friday, February 15	De Anza Salesian Richmond Vallejo	Hercules Albany Kennedy	8
Wednesday, February 20	Salesian Richmond Vallejo De Anza	Hercules Albany Kennedy	8
Friday, February 22	Hercules Albany Kennedy	Salesian Richmond Vallejo 8 De Anza	
Monday, February 25	Kennedy Vallejo Richmond	Albany Salesian 8 Hercules De Anza	
Wednesday, February 27	Richmond Kennedy Vallejo	Salesian Hercules 8 Albany De Anza	
Friday, March 1	Salesian Hercules Albany De Anza	Richmond Kennedy Vallejo	8
Monday, March 4	Kennedy Vallejo Albany	8 Richmond Salesian Hercules De Anza	
Wednesday, March 6	Albany	Kennedy	

	Salesian Hercules De Anza	Vallejo Richmond	8
Friday, March 8	Kennedy Vallejo Richmond	Albany Salesian 8 Hercules De Anza	
Wenesday, March 13	Vallejo Kennedy Albany	Richmond 8 Salesian De Anza Hercules	
Friday, March 15	Richmond Salesian De Anza Hercules	Vallejo Kennedy Albany	8
Monday, March 18	De Anza Richmond Albany Kennedy	Salesian Hercules Vallejo	8
Wednesday, March 20	Richmond Salesian Hercules De Anza	Kennedy Vallejo Albany	8
Friday, March 22	Kennedy Vallejo Albany	8 Richmond Salesian Hercules De Anza	
March 25 to April 5	Spring Break	Vallejo District	
Wednesday, March 27	De Anza Salesian Richmond Vallejo	Hercules Albany Kennedy	8
April 1 to April 5	Spring Break	WCCUSD	

Wednesday, April 10	Hercules Kennedy	Salesian Vallejo 8 De Anza	
April 8 to April 12	Spring Break	Albany/John Swett	
Friday, April 12	Salesian Hercules Albany De Anza	Richmond Kennedy Vallejo	8
Monday, April 15	Salesian Hercules Vallejo	De Anza Richmond Albany 8 Kennedy	
Wednesday, April 17	De Anza Richmond Kennedy	Salesian Hercules 0 Vallejo	8
Wednesday, April 24	Richmond Salesian De Anza Hercules	Vallejo Kennedy Albany	8
April 18 to April 26	Spring Break	Catholic Schools	
Friday, April 25	Albany	Richmond	
Friday, May 3	Playoffs		
Wednesday, May 8	Playoffs		
Friday, May 10	Playoffs		
Friday, May 10	NCS Last Day		

Match Time:	4:00 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January
Practice Begins	Monday, January
Coaches Post Season Meeting	Monday, April 29

Proposed:	Approved:
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Softball Rock

HOME

AWAY

Wednesday, February 13

John Swett
El Cerrito
Jesse Bethel

St. Patrick-St. Vincent
Saint Mary's
Pinole Valley

Friday, February 15

St. Patrick-St. Vincent
Saint Mary's
Pinole Valley

John Swett
El Cerrito
Jesse Bethel

Wednesday, February 20

St. Patrick-St. Vincent
John Swett
Saint Mary's

Jesse Bethel
El Cerrito
Pinole Valley

Friday, February 22

Jesse Bethel
El Cerrito
Pinole Valley

St. Patrick-St. Vincent
John Swett
Saint Mary's

Monday, February 25

Saint Mary's
John Swett
Pinole Valley

St. Patrick-St. Vincent
Jesse Bethel
El Cerrito

Wednesday, February 27

El Cerrito
Saint Mary's
Pinole Valley

St. Patrick-St. Vincent
Jesse Bethel
John Swett

Friday, March 1

St. Patrick-St. Vincent
Jesse Bethel
John Swett

El Cerrito
Saint Mary's
Pinole Valley

Monday, March 11

Saint Mary's
El Cerrito
St. Patrick-St. Vincent

John Swett
Jesse Bethel
Pinole Valley

Wednesday, March 13

St. Patrick-St. Vincent
Jesse Bethel
El Cerrito

Saint Mary's
John Swett
Pinole Valley

Friday, March 15

Saint Mary's
John Swett
Pinole Valley

St. Patrick-St. Vincent
Jesse Bethel
El Cerrito

Monday, March 18

St. Patrick-St. Vincent

El Cerrito

Jesse Bethel	Saint Mary's
John Swett	Pinole Valley

Wednesday, March 20	John Swett	Saint Mary's
	Jesse Bethel	El Cerrito
	Pinole Valley	St. Patrick-St. Vincent

Friday, March 22	Saint Mary's	John Swett
	El Cerrito	Jesse Bethel
	St. Patrick-St. Vincent	Pinole Valley

March 25 to April 5	Spring Break	Vallejo District
April 1 to April 5	Spring Break	WCCUSD
April 8 to April 12	Spring Break	Albany/John Swett

Monday, April 15	St. Patrick-St. Vincent	John Swett
	Saint Mary's	El Cerrito
	Pinole Valley	Jesse Bethel

Wednesday, April 17	Jesse Bethel	St. Patrick-St. Vincent
	El Cerrito	John Swett
	Pinole Valley	Saint Mary's

April 18 to April 26	Spring Break	Catholic Schools
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Friday, May 3	Playoffs
Wednesday, May 8	Playoffs
Friday, May 10	Playoffs

Friday, May 10	NCS Last Day
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Match Time:	4:00 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 29

Proposed:	Approved:
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Track

	HOME	AWAY
Thursday, March 14	Salesian , De Anza, Jesse Bethel	SPSV, Richmond Saint Mary's, Kennedy, Vallejo
Thursday, March 21	Saint Mary's, Pinole, Jesse Bethel Salesian , Albany , Vallejo	Hercules, Kennedy El Cerrito, De Anza
Thursday, March 28	Saint Mary's , Kennedy Hercules , Pinole	SPSV, Richmond Albany, El Cerrito
Thursday, April 11	Hercules, Pinole, Vallejo Saint Mary's , Salesian	SPSV, Richmond Kennedy, De Anza, Jesse Bethel
Thursday, April 25	Vallejo	Jesse Bethel
Wednesday, April 17	Albany , El Cerrito, Jesse Bethel Hercules , Pinole, Vallejo	SPSV, Richmond Salesian, De Anza
Wednesday, May 1	Track Trials	El Cerrito
Friday, May 3	Track Finals	El Cerrito
Saturday, May 4	NCS Last Day	

Start Time	3:30 p.m.
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Host Team

Maximum Number of Contests	14
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 29
Proposed:	Approved:

Volleyball Rock

	<u>HOME</u>	<u>AWAY</u>	
Tuesday, February 26	El Cerrito Richmond	Pinole Valley De Anza 6 St. Patrick-St. Vincent	
Thursday, February 28	St. Patrick-St. Vincent De Anza	El Cerrito Pinole Valley 6 Richmond	
Tuesday, March 5	El Cerrito St. Patrick-St. Vincent Pinole Valley	De Anza Richmond	6
Thursday, March 7	Richmond Pinole Valley	El Cerrito St. Patrick-St. Vincent 6 De Anza	
Tuesday, March 12	Richmond De Anza El Cerrito	Pinole Valley St. Patrick-St. Vincent	6
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Thursday, March 14	Pinole Valley De Anza St. Patrick-St. Vincent	El Cerrito Richmond	6
Tuesday, March 19	El Cerrito Pinole Valley Richmond	St. Patrick-St. Vincent De Anza	6
Thursday, March 21	De Anza Richmond	El Cerrito St. Patrick-St. Vincent 6 Pinole Valley	
Tuesday, March 26	El Cerrito St. Patrick-St. Vincent De Anza	Richmond Pinole Valley	6
Thursday, March 28	Pinole Valley St. Patrick-St. Vincent	Richmond De Anza 6 El Cerrito	

April 1 to April 5 Spring Break WCCUSD

Tuesday, April 1 Saint Mary's Salesian

Tuesday, April 9 TCAL Playoffs
 Thursday, April 11 TCAL Playoffs
 Tuesday, April 16 TCAL Playoffs

April 18 to April 26 Spring Break Catholic Schools

Saturday, April 27 Last Day

Match Time:	JV - 5:30 p.m. Varsity - 7:00 p.m.
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Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 8
Proposed:	Approved:

Volleyball Stone

	<u>HOME</u>	<u>AWAY</u>
Tuesday, February 19	Hercules Salesian Kenney	Saint Mary's Vallejo Jesse Bethel
Thursday, February 21	Jesse Bethel Vallejo Kennedy	Hercules Saint Mary's Salesian
Tuesday, February 26	Hercules Jesse Bethel Saint Mary's	Vallejo Salesian Kennedy
Thursday, February 28	Salesian Saint Mary's Kennedy	Hercules Jesse Bethel Vallejo
Tuesday, March 5	Salesian Vallejo Hercules	Saint Mary's Jesse Bethel Kennedy
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Thursday, March 7	Saint Mary's Vallejo Jesse Bethel	Hercules Salesian Kennedy
Tuesday, March 12	Hercules Saint Mary's Salesian	Jesse Bethel Vallejo Kennedy
Thursday, March 14	Vallejo Salesian Kennedy	Hercules Jesse Bethel Saint Mary's
Tuesday, March 19	Jesse Bethel Vallejo	Saint Mary's Kennedy
Thursday, March 28	Hercules	Salesian
March 15 to April 5	Spring Break	Vallejo District

Thursday, March 21

Jesse Bethel
Kennedy

Vallejo
Hercules

April 1 to April 5

Spring Break

WCCUSD

Tuesday, April 1

Saint Mary's

Salesian

Tuesday, April 9
Thursday, April 11
Tuesday, April 16

TCAL Playoffs
TCAL Playoffs
TCAL Playoffs

April 18 to April 26

Spring Break

Cahtolic Schools

Saturday, April 27

Last Day

Match Time:

JV - 5:30 p.m.
Varsity - 7:00 p.m.

Maximum Number of Contests	24
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Tuesday, January 22
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 8
Proposed:	Approved:

Swim

	<u>HOST</u>	<u>VISITORS</u>
Friday, February 22	Albany	Jesse Bethel
Tuesday, February 26	Saint Mary's, Salesian	St. Patrick-St. Vincent
Tuesday, February 26	John Swett	Hercules
Tuesday, February 26	Pinole, De Anza, Richmond	Vallejo
Tuesday, February 26	St. Patrick-St. Vincent	Jesse Bethel
Wednesday, February 27	Jesse Bethel	Saint Mary's, Salesian
Thursday, February 28	John Swett	Vallejo
Friday, March 1	Saint Mary's, Salesian	Albany
Friday, March 1	Hercules	El Cerrito
Wednesday, March 6	Vallejo	St. Patrick-St. Vincent
Thursday, March 7	Hercules	Pinole, De Anza, Richmond
Friday, March 8	Albany	El Cerrito
Tuesday, March 12	John Swett	Saint Mary's, Salesian
Tuesday, March 12	St. Patrick-St. Vincent	Hercules
Tuesday, March 12	Pinole, De Anza, Richmond	Albany
Wednesday, March 13	El Cerrito	Vallejo
Wednesday, March 13	Jesse Bethel	John Swett
Friday, March 15	Hercules	Saint Mary's, Salesian
Friday, March 15	Albany	St. Patrick-St. Vincent
Friday, March 15	Pinole, De Anza, Richmond	El Cerrito
Tuesday, March 19	St. Patrick-St. Vincent	El Cerrito
Wednesday, March 20	Vallejo	Saint Mary's, Salesian
Thursday, March 21	Jesse Bethel	Pinole, De Anza, Richmond
Friday, March 22	John Swett	Albany

March 25 to April 5 Vallejo Spring Break

Tuesday, March 26	Saint Mary's, Salesian	El Cerrito
Tuesday, March 26	John Swett	Pinole, De Anza, Richmond
Wednesday, March 27	Albany	Vallejo
Thursday, March 28	El Cerrito	John Swett
Friday, March 29	Pinole, De Anza, Richmond	St. Patrick-St. Vincent
Friday, March 29	Hercules	Albany

April 1 to April 5 WCUSD Spring Break

Wednesday, April 3 Jesse Bethel Vallejo
 Tuesday, April 2 St. Patrick-St. Vincent John Swett

April 8 to April 12 Albany/Swett Srping Break

Tuesday, April 9 El Cerrito Jesse Bethel
 Thursday, April 11 Vallejo Hercules, Jesse Bethel
 Thursday, April 11 Pinole, De Anza, Richmond Saint Mary's, Salesian

April 18 to April 26 Catholic Spring Break

Saturday, April 13 Entries due by 5 p.m.
 Monday, April 15 Coaches Meeting De Anza
 Wednesday, April 17 Swim Finals CMA/CCC

Saturday, April 27 NCS Last Day

Start Time	3:30 p.m.
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Maximum Number of Contests	14
Maximum Number of Scrimmages	2
Coaches Preseason Meeting	Monday, January 7
Practice Begins	Monday, January 28
Coaches Post Season Meeting	Monday, April 15
Proposed:	Approved: